

Tennis Holidays with Mental Match Play

The coaching programme "Tennis to Music" developed by the European Tennis Academy is a unique teaching tool which combines concentration and fun in a unique way. Music is specifically composed to stimulate the player in different situations during training and in doing so bridges the gap between body and mind.

All levels of players from beginners to competition level have the opportunity to greatly improve their game within a short space of time.

DATES: 10 JULY TO 4 SEPTEMBER 2011

Three day tennis holiday

Seven nights accommodation in a four star hotel accommodation, full board, use of spa facilities, indoor and outdoor pools, gym, indoor golf simulator, bowling alley, table football, pool tables and table tennis. A three day tennis course (Monday to Wednesday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	Standard Double	Valley View	Studio/ Mountain View/ Family Apartment	Garden Suite/ Family Suite	Alpine Loft
Adult	£797	£901	£927	£1029	£1121
Child 10-14	£412	£412	£412	£412	£412
Child 5-9	£277	£277	£277	£277	£277
Child 3-4	£97	£97	£97	£97	£97

Five day tennis holiday

Seven nights accommodation in a four star hotel accommodation, full board, use of spa facilities, indoor and outdoor pools, gym, indoor golf simulator, bowling alley, table football, pool tables and table tennis. A five day tennis course (Monday to Friday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	Standard Double	Valley View	Studio/ Mountain View/ Family Apartment	Garden Suite/ Family Suite	Alpine Loft
Adult	£881	£984	£1010	£1114	£1205
Child 10-14	£477	£477	£477	£477	£477
Child 5-9	£324	£324	£324	£324	£324
Child 3-4	£97	£97	£97	£97	£97

Short Breaks/Weekends

Three nights accommodation in a four star hotel, full board, full board, use of spa facilities, indoor and outdoor pools, gym, indoor golf simulator, bowling alley, table football, pool tables and table tennis. A three day tennis programme (Friday to Sunday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	Standard Double	Valley View	Studio/ Mountain View/ Family Apartment	Garden Suite/ Family Suite	Alpine Loft
Adult	£426	£468	£482	£527	£566
Child 10-14	£246	£246	£246	£246	£246
Child 5-9	£186	£186	£186	£186	£186
Child 3-4	£42	£42	£42	£42	£42

**Additional nights can be booked

DATES: 4 SEPTEMBER TO 30 SEPTEMBER 2011

Three day tennis holiday

Seven nights accommodation in a four star hotel accommodation, full board, use of spa facilities, indoor and out door pools, gym, indoor golf simulator, bowling alley, table football, pool tables and table tennis. A three day tennis course (Monday to Wednesday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	Standard Double	Valley View	Studio/ Mountain View/ Family Apartment	Garden Suite/ Family Suite	Alpine Loft
Adult	£733	£817	£849	£946	£1017
Child 10-14	£379	£379	£379	£379	£379
Child 5-9	£246	£246	£246	£246	£246
Child 3-4	free	free	free	free	free

Five day tennis holiday

Seven nights accommodation in a four star hotel accommodation, full board, use of spa facilities, indoor and out door pools, gym, indoor golf simulator, bowling alley, table football, pool tables and table tennis. A five day tennis course (Monday to Friday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	Standard Double	Valley View	Studio/ Mountain View/ Family Apartment	Garden Suite/ Family Suite	Alpine Loft
Adult	£816	£899	£933	£1030	£1101
Child 10-14	£444	£444	£444	£444	£444
Child 5-9	£292	£292	£292	£292	£292
Child 3-4	free	free	free	free	free

Short Breaks/Weekends

Three nights accommodation in a four star hotel, full board, use of spa facilities, indoor and out door pools, gym, indoor golf simulator, bowling alley, table football, pool tables and table tennis. A three day tennis course (Friday to Sunday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	Standard Double	Valley View	Studio/ Mountain View/ Family Apartment	Garden Suite/ Family Suite	Alpine Loft
Adult	£398	£435	£449	£491	£521
Child 10-14	£234	£234	£234	£234	£234
Child 5-9	£156	£156	£156	£156	£156
Child 3-4	free	free	free	free	free

**Additional nights can be booked

DATES: 30 SEPTEMBER TO 6 NOVEMBER 2011

Three day tennis holiday

Seven nights accommodation in a four star hotel, full board, use of spa facilities, indoor and out door pools, gym, indoor golf simulator, bowling alley, table football, pool tables and table tennis. A three day tennis course (Monday to Wednesday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	Standard Double	Valley View	Studio/ Mountain View/ Family Apartment	Garden Suite/ Family Suite	Alpine Loft
Adult	£752	£856	£882	£985	£1076
Child 10-14	£379	£379	£379	£379	£379
Child 5-9	£246	£246	£246	£246	£246
Child 3-4	free	free	free	free	free

Five day tennis holiday

Seven nights accommodation in a four star hotel accommodation, full board, use of spa facilities, indoor and out door pools, gym, indoor golf simulator, bowling alley, table football, pool tables and table tennis. A five day tennis course (Monday to Friday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	Standard Double	Valley View	Studio/ Mountain View/ Family Apartment	Garden Suite/ Family Suite	Alpine Loft
Adult	£835	£939	£965	£1068	£1159
Child 10-14	£444	£444	£444	£444	£444
Child 5-9	£292	£292	£292	£292	£292
Child 3-4	free	free	free	free	free

Short Breaks/Weekends

Three nights accommodation in a four star hotel, full board, use of spa facilities, indoor and out door pools, gym, indoor golf simulator, bowling alley, table football pool tables and table tennis. A three day tennis course (Friday to Sunday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	Standard Double	Valley View	Studio/ Mountain View/ Family Apartment	Garden Suite/ Family Suite	Alpine Loft
Adult	£407	£452	£465	£507	£546
Child 10-14	£234	£234	£234	£234	£234
Child 5-9	£156	£156	£156	£156	£156
Child 3-4	free	free	free	free	free

**Additional nights can be booked

SELF CATERING

DATES: 2 JULY TO 27 AUGUST

Three day tennis holiday

Seven nights self catering accommodation, use of wellness area and a three day tennis course (Monday to Wednesday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	One bedroom Apartment 2 guests	One bedroom Apartment 4 guests	Two bedroom Apartment 2 guests	Two bedroom Apartment 4 guests	Two bedroom Apartment 6 guests
Adult	£352	£278	£422	£312	£278
Child 13-16	£324	£250	£384	£285	£250
Child 6-12	£277	£213	£347	£247	£213

Five day tennis holiday

Seven nights self catering accommodation, use of wellness area and a three day tennis course and a five day tennis programme (Monday to Friday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	One bedroom Apartment 2 guests	One bedroom Apartment 4 guests	Two bedroom Apartment 2 guests	Two bedroom Apartment 4 guests	Two bedroom Apartment 6 guests
Adult	£435	£361	£495	£386	£361
Child 13-16	£389	£310	£449	£349	£315
Child 6-12	£334	£259	£393	£294	£260

DATES: 28 AUGUST TO 15 OCTOBER

Three day tennis holiday

Seven nights self catering accommodation, use of wellness area and a three day tennis course (Monday to Wednesday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	One bedroom Apartment 2 guests	One bedroom Apartment 4 guests	Two bedroom Apartment 2 guests	Two bedroom Apartment 4 guests	Two bedroom Apartment 6 guests
Adult	£320	£268	£389	£296	£261
Child 13-16	£292	£242	£362	£268	£233
Child 6-12	£255	£205	£324	£231	£196

Five day tennis holiday

Seven nights self catering accommodation, use of wellness area and a three day tennis course and a five day tennis programme (Monday to Friday, two hours coaching per day), free use of courts. (** tennis courses for children under twelve are one and half hours)

	One bedroom Apartment 2 guests	One bedroom Apartment 4 guests	Two bedroom Apartment 2 guests	Two bedroom Apartment 4 guests	Two bedroom Apartment 6 guests
Adult	£403	£353	£472	£379	£343
Child 13-16	£357	£306	£426	£332	£298
Child 6-12	£301	£251	£371	£278	£242